A Message from Vice President for Student Affairs

Dear Torero Families,

As we quickly approach the end of the spring semester, our students are balancing a great deal of tasks. Students are beginning to prepare for finals, make decisions about fall classes, express excitement about commencement, and explore housing options for the summer and the coming academic year.

April 7, 2015 marks the beginning of 2015 fall class registration and can serve as a great conversation starter for you and your student about academic planning. Showing interest in your student’s fall classes will remind your student to prioritize registration and may initiate discussion about how academic course work will enhance marketability to future employers. Registration information can be found at www.sandiego.edu/registrar.

Now is a great time for important and powerful discussions with students about early finals preparation and personal self-care. Without proper planning students may miss out on needed sleep, make unhealthy choices about eating, and use energy drinks or other artificial energy boosts, all in an effort to “make it through finals”. Talk to your student about appropriate self-care. It may be helpful to encourage your student to divide large semester projects into small chunks and designate specific study times for finals. If, during your discussion, you find your student needs help with finals preparation, reports feeling stressed, or could benefit from some added support, please refer your student to our wellness support resources. We want to do everything possible to help students achieve their fullest academic potential.

If your student plans to live on campus next year and missed our March deadline, please encourage your student to email us at housing@sandiego.edu or call 619-260-4777. We will place your student on an interest list and do our best to accommodate requests as they come in, and as space allows. For students graduating, or for those considering off campus living, I encourage you to have your student review our guide to off-campus living resources. These resources discuss the increased level of personal responsibility that comes with managing monthly rent, paying multiple bills, commuting, and making wise decisions about wellness and safety.

Thank you for supporting your student’s USD experience.

In Torero Spirit,

Carmen M. Vazquez
Vice President for Student Affairs